

The Barnabas Center – Richmond
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Richmond, VA 23226
(804) 741-2333
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Good Faith Estimate Consent Form

The purpose of this document is to let you know about your protections from unexpected medical bills. Under the *No Surprises Act*, the Federal Government mandates that all health care providers who are providing services to clients or patients who are out-of-network, need to provide a good faith estimate of the cost of services prior to those services being rendered. Because *The Barnabas Center - Richmond* does not accept any insurance, all costs incurred by our clients are considered “out-of-network.”

This Good Faith Estimate shows the costs of services that are reasonably expected for the expected services to address your mental health care needs. The Good Faith Estimate does not include any unknown or unexpected costs that may arise during treatment. You could be charged more if complications or special circumstances occur.

Brief explanation of estimate for new clients:

The estimate below is the range of costs that is likely for most new patients. Until your counselor does an initial evaluation and starts work with you, we will not have a clear picture of your specific diagnosis, issues, and needs. On average, clients at *The Barnabas Center – Richmond* receive counseling twice a month for a duration of 18 months. But in many cases a patient’s issues may be more complicated, so we may find that we need more than our average number of sessions.

Brief explanation for continuing clients:

The estimate below is the range of costs that are likely for your care. However, depending on how treatment progresses, more or fewer sessions may be needed.

Contact: If you have questions about this estimate, please contact Michelle Conrad at (804) 741-2333 or MConrad@Barnabasrva.org

Details of the estimate:

The following is a detailed list of expected charges for psychological services at *The Barnabas Center – Richmond*.

Due to the uniqueness of each client, their needs therapeutically, and the theoretical framework of *The Barnabas Center – Richmond*, we find it difficult to predict duration or frequency of services needed based on diagnosis. Instead, we are providing you with an average of frequency and duration of services typical to our practice. On average, clients at *The Barnabas Center – Richmond* are seen for counseling for 18 months and are seen twice a month for that time period. Below you will find the itemized

breakdown of services you can expect in therapy. Again, these numbers are subject to change based on treatment progress/therapeutic need or rate changes at any point for the duration of your treatment.

Service	Diagnosis Code (determined case by case)	Service code	Quantity	Cost per unit	Estimated cost
Psychotherapy (couples or individual/in-person or telehealth)		90837 &/or 90834	36 sessions over 18 months *average timeframe clients are seen at our office	\$145 *this is our highest counseling rate and varies depending on counselor and scholarship qualifications	\$5220

Disclaimer

If you are billed for more than this Good Faith Estimate, you have the right to dispute the bill.

You may contact the *The Barnabas Center – Richmond* at the contact listed above to let them know the billed charges are higher than the Good Faith Estimate. You can ask them to update the bill to match the Good Faith Estimate, ask to negotiate the bill, or ask if there is financial assistance available.

You may also start a dispute resolution process with the U.S. Department of Health and Human Services (HHS). If you choose to use the dispute resolution process, you must start the dispute process within 120 calendar days (about 4 months) of the date on the original bill.

There is a \$25 fee to use the dispute process. If the agency reviewing your dispute agrees with you, you will have to pay the price on this Good Faith Estimate. If the agency disagrees with you and agrees with the health care provider or facility, you will have to pay the higher amount.

To learn more and get a form to start the process, go to:

www.cms.gov/nosurprises or call CMS at 1-800-985-3059.

For questions or more information about your right to a Good Faith Estimate or the dispute process, visit www.cms.gov/nosurprises or call CMS at 1-800-985-3059.

This Good Faith Estimate is not a contract. It does not obligate you to accept the services listed above.

Keep a copy of this Good Faith Estimate in a safe place or take pictures of it. You may need it if you are billed more than \$400 than the estimate provided above.